

Billing for Mental Health Screening

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- 96160 or 96127: This is the code for screening EPDS
- 99484: This is the code for assessment, follow-up, or care management.
 - The CPT code 99484 is used to bill for general behavioral health integration (BHI) care management services. This code is used for services that are delivered using BHI models of care that are not the Psychiatric Collaborative Care Model (CoCM). Some of the services included in the 99484 code are:
 - Assessment and monitoring: Systematic assessment and monitoring of the patient
 - Care plan revision: Revision of the care plan if the patient's condition is not improving
 - Treatment coordination: Coordination of treatment such as counseling, psychotherapy, pharmacotherapy, or psychiatric consultation
 - Continuity of care: Continuity of care with a designated care team member
 - To bill under the 99484 code, a provider must ensure that at least 20 minutes of behaviorally focused care is provided to each patient per month.

If the physician diagnoses depression, you may report it separately since the global package was valued for uncomplicated antepartum, delivery, and postpartum care.