

Bridging Borders Webinar Series

Understanding Healthcare & Maternity Care for Migrants from Mexico

February 7, 2025



WELCOME!

- We are the Perinatal-Neonatal Quality Improvement Network of Massachusetts (PNQIN).
- Please mute yourselves when not speaking.
- Feel free to type your questions into the chat during the webinar.
- We will record this session and upload the recording to our website

Agenda

9:00–9:10am Welcome and Webinar

Introduction

9:10–9:40am Overview of the Mexican Healthcare System

9:40–10:00am

Discussion, Q&A



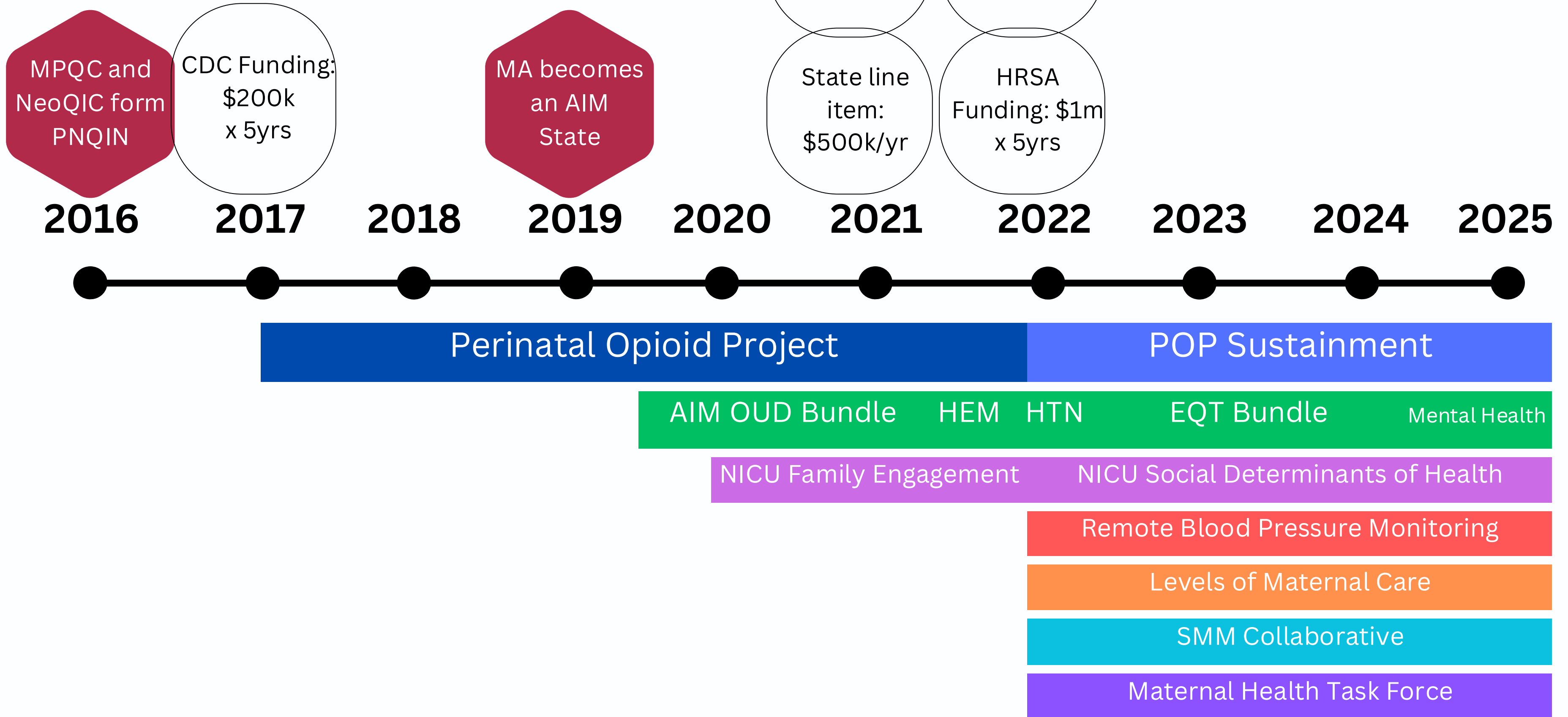
PNQIN'S MISSION AND VISION

- **Our Vision:** PNQIN is the state leader in perinatal Quality Improvement collaboration to ensure Massachusetts is a state where every birthing family receives the safest, highest quality, and most equitable health care.
- **Our Mission:** PNQIN is an organization of providers and quality improvement (QI) experts that seeks to achieve measurable improvements in perinatal health outcomes and eliminate perinatal health inequities among Massachusetts families.





PNQIN'S PROGRESS



Webinar Introduction



Cristina Alonso, DrPH
MA Dept. of Public Health
Moderator

Agenda

9:00–9:10am Welcome
and Webinar

Introduction

9:10–9:40am Overview
of the Mexican
Healthcare System

9:40–10:00am
Discussion, Q&A



AGENDA

9:00-9:05

Welcome from PNQIN

Christin Price

9:05-9:10

Webinar Introduction & Objectives

Cristina Alonso

9:10-9:40

Mexican Healthcare System

Karla Berdichevsky

9:40-10:00

Discussion, Q&A

Cristina Alonso, All

Objectives

With the influx of new arrivals and the shifting immigration landscape, this series will present the healthcare and maternity care landscape in Haiti and Mexico.

These webinars will give providers a deeper understanding of:

1. The healthcare system, structure and services in countries where migrants are arriving from.
2. Common procedures, details of care provision and outcomes in the countries where migrants are arriving from.
3. How to better explain the US healthcare system and common obstetric procedures so migrants have the tools and knowledge to engage in their care and advocate for their needs.



Overview of the Mexican Healthcare System



Karla Berdichevsky, MD MPH

Agenda

9:00–9:10am Welcome
and Webinar

Introduction

9:10–9:40am Overview
of the Mexican
Healthcare System

9:40–10:00am

Discussion, Q&A



Bridging Borders Webinar:
Mexico



The Mexican Healthcare System: Sexual and reproductive health challenges

| Karla Berdichevsky, MD, MPH

Mexican Healthcare System

Sexual and reproductive health challenges

Commentaries on evidence-based maternal care

Q and A

Mexican Healthcare System: characteristics

- Constitutional right to health (gratuity)
- Government spending= 5.1% of GDP (OECD average 9%)
- State-level autonomy on policy / budgeting– heterogenous services
- Management structures
 - Public: Social Security (60%) / Uninsured (30%)
 - Private (15%)

Mexican Healthcare System: challenges

- Ongoing health sector reform
- Vision of public health
- Marked social disparities
- Gender inequalities
- Stigma

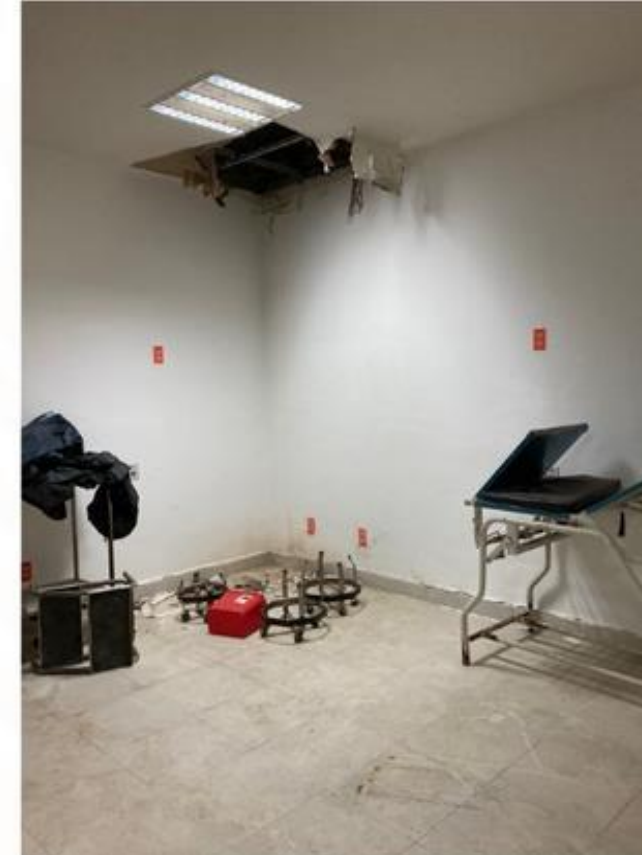


Photo credit: Dr. Bianca Vargas Escamilla

Births among adolescents under 15

AGE OF ADOLESCENT MOTHERS (2022, MOH, DGIS, BIRTH REGISTRIES)			Total births among adolescent mothers
less than 10 years	10 to 14 years	15 to 19 years	
7	8503	227,390	235,893 (15.7%)

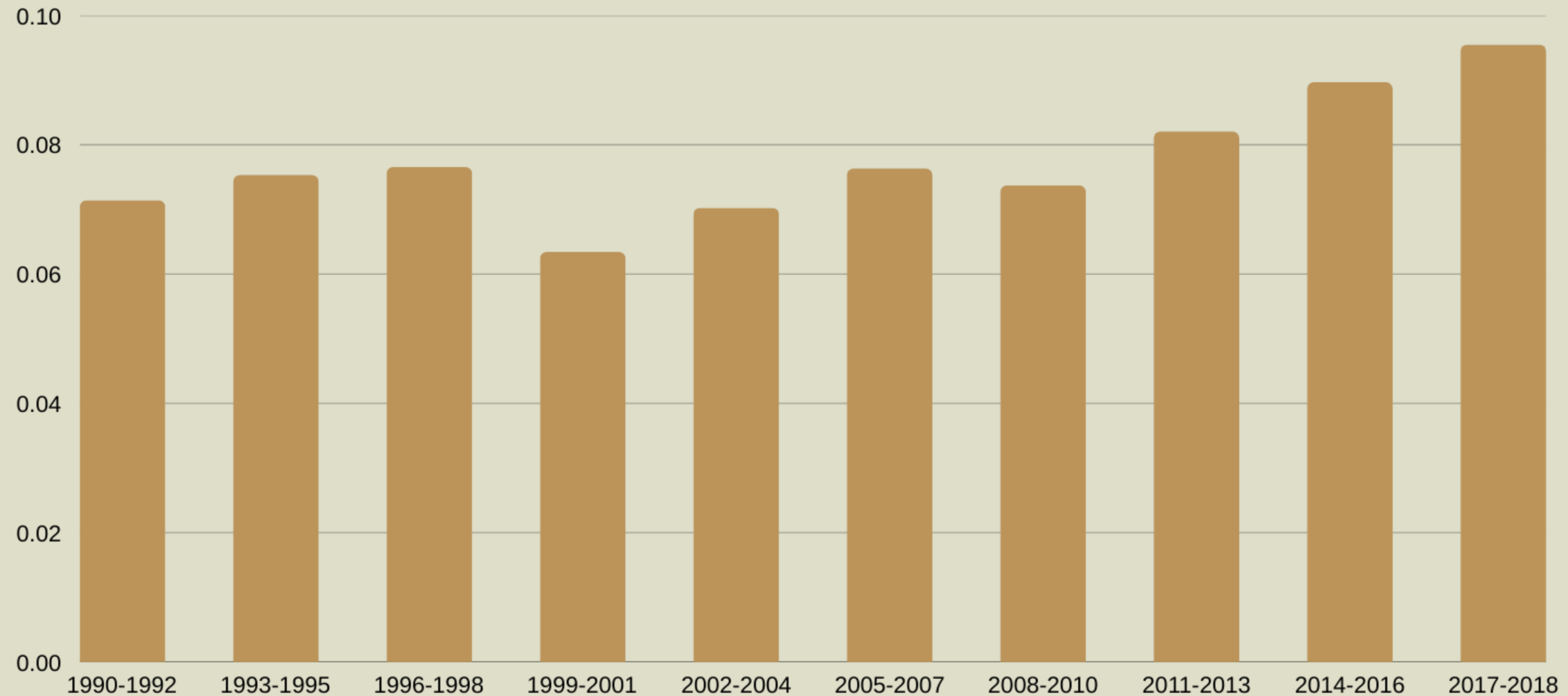
- 12% of women in Mexico are victims of sexual abuse by age 15 (ENDIREH, 2021)
- Partners 18-29 years old in 15% pregnancies of 10-14 year old adolescents / 28% partner age unknown (CONAPO, 2018)
- 4% adolescents has been in married or in union (National Census 2020)

Births among adolescents under 15

- **Health risks:** preterm births and lifetime risk of hypertension (Pineles et al. Jama 2022) maternal mortality rates duplicate (WHO, UNFPA, UNICEF 2018) when compared to average
- **Education risk:** 4 / 10 women aged 15-24 years that were married or in union due to pregnancy left school (UNFPA, 2022)
- **Social burden (total adolescent pregnancy):** 63,000 million pesos or 0.3% of GDP (UNFPA, 2021)

Access to safe abortion services

Percentage of maternal deaths due to abortion in Mexico



Source INEGI. Mortalidad. Conjunto de datos: Mortalidad general. Información de 1990 a 2018 INEGI.

Mortalidad. Available from:

<https://www.inegi.org.mx/sistemas/olap/Proyectos/bd/continuas/mortalidad/MortalidadGeneral.asp>

Access to safe abortion services

- State penal codes have reformed in 21 / 32 States
- National norm (NOM-046) allows for legal abortion in case of rape
- National Supreme Court of Justice resolved there is no criminalization of abortion in recognition of women's autonomy and to women's respect to physical and sexual integrity (Acción de inconstitucionalidad 148/ 2017, 2021)

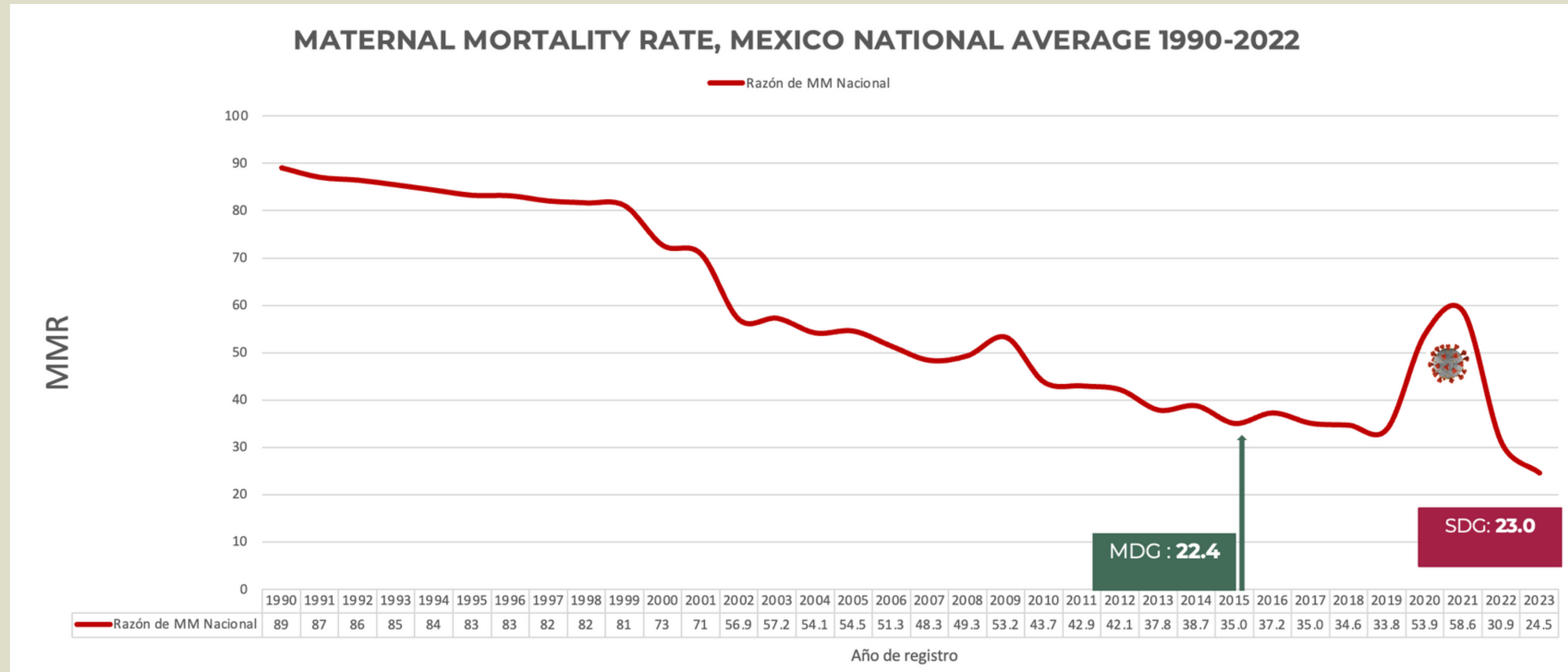


Photo credit: Andrea Murcia

Evidence-based maternal care



Evidence-based maternal care in a scenario of obstetric transition

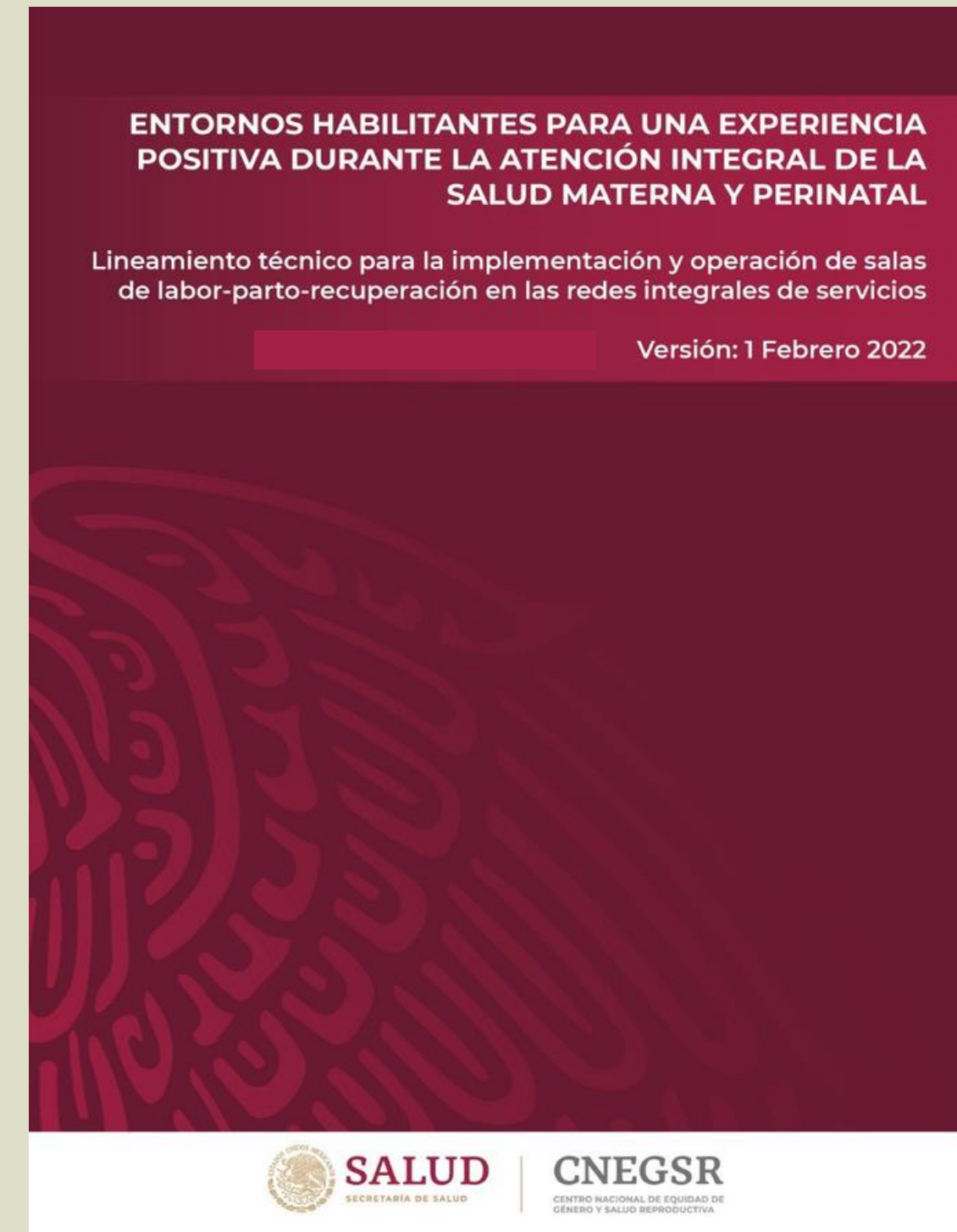


Evidence-based maternal care challenges

- Insufficient decline in MMR despite 98% institutional deliveries / skilled birth attendance (MOH, 2022)
- Over-medicalization: C- section average 45% / 78% in some institutions (MOH, 2022)
- Saturated secondary level of care: deficient quality

Evidence-based maternal care- public implementation of labor and delivery wards

- Paradigm shift in maternal care model
- Women-centered care
- At least one unit per State



Evidence-based maternal care- task sharing and task shifting

- Mexican National Norm under approval for the incorporation of professional midwifery in the continuum of care



Evidence-based maternal care: messaging for migrant women

Are you pregnant, was your baby just born, or did you have an abortion?

If you have the following symptoms:

- Bleeding or fluid leaking from the vagina
- Severe headache
- Blurry vision or lights
- Ringing in the ears
- Swelling of the face, hands and feet
- Pain in the pit of your stomach
- High fever or seizures

Don't wait and go to the nearest hospital or health centre!

Every woman in Mexican territory has the right to receive health care services regardless of her immigration status!

Check out more information on the Internet at coronavirus.gob.mx/salud-materna or call the 800 MATERNA Line (800 6283762)



¿ticcoxki, yikin oneski moconetsin o otimotlamayabilli?

Tlatikmachillia itla mitzcocoba otikihta kemi:

- Titlahco ezkitza o kihtza itla atl motecan
- Mitzcocoba satekitl motzonteco
- Amo coalli titlachia o "tikimita tilpitzime"
- Tlacoyoca monacas
- Tixsamabi, samabin momaban, iban mocciban
- Mitzcocoba motlalax
- Titotonicbilo o okitla mitzmanoba
- Timimiki

¡Amo ximochia xibia callapahtiloyan caní amo ocachi hueca mocalihtic!

¡Nochi mexihca cibatl kipia derecho makicelli nochi serviciohti canin callapahtiloyan!

Xiconsuatario meik información nican itech internet coronavirus.gob.mx/canin mopahitia nochi-dien kipia Inconetsin o sítlanetza ihca telífono sten Línea k'ihcoba 800 MATERNA (800 6283762)

SALUD SECRETARÍA DE SALUD | **CNEGSR** CENTRO NACIONAL DE EQUITAD DE GÉNERO Y SALUD REPRODUCTIVA | gov.mx/salud/cnegr |  |  | 

K'ija'anecháa ti' chaampa, túumben siijli a chaampa, wáa úuch teech loob'

Si presentas:

- ku wach'k'aja teech k'ik'e' wáa kuwach'k'aja teech ja' tawinkilike'
- Jach yaaj uchi'ibal a poole'
- sawaknak awiche' wáa tán awik ubank'aja k'áak' tawiche'
- Kujuum axikin
- Kuchu'upul awich, ak'ab yéetel a wook
- Yaaj uchuun a nak'
- 38 grados wáa maas achokwile'
- wáa kuch'u'uti ak'ab kusa'ati awóole'

Ma' a seen pa'atik, xeen te' hospitaal maas naats' ta naajiloj

Tuláaka ko'ole Mexicoe' yaan upáajtalik ti' uts'a'aka, mixba'a ti' wáa jumpáay tu'ux kaja'an' ti' tu'ux siijil.

Kaxt ujeel informasyoon te' k'úuchi ti' interneta: <https://coronavirus.gob.mx/salud-materna/> o a la Línea 800 MATERNA (800 6283762)

SALUD SECRETARÍA DE SALUD | **CNEGSR** CENTRO NACIONAL DE EQUITAD DE GÉNERO Y SALUD REPRODUCTIVA | gov.mx/salud/cnegr |  |  | 

Vous êtes enceinte, votre bébé vient de naître ou vous avez fait une fausse couche.

Si vous présentez:

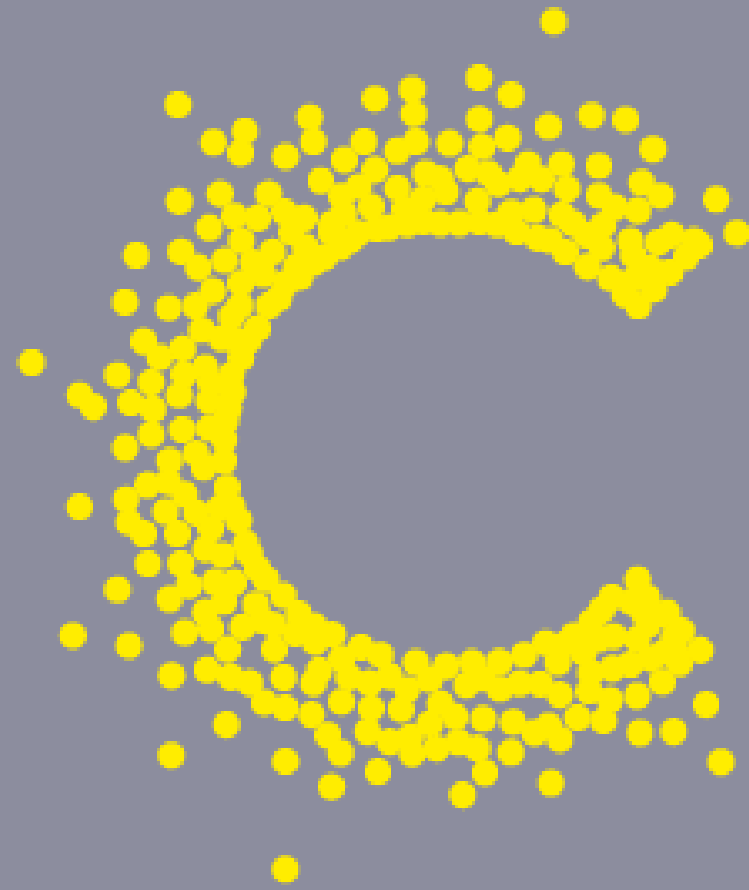
- Des saignements ou perte de liquide par le vagin
- Des maux de tête intenses
- Vision trouble ou "voir des petites lumières qui scintillent"
- Des bourdonnements dans les oreilles
- Des gonflements du visage, des mains et des pieds
- Des douleurs au creux de l'estomac
- Fièvre de 38° ou plus
- Convulsions

N'attendez pas et allez à l'hôpital ou à la structure de santé la plus proche!

Toutes les femmes sur le territoire mexicain ont droit à des soins médicaux quelle que soit leur condition migratoire!

Pour en savoir plus allez visitez le site internet coronavirus.gob.mx/salud-materna ou appelez le 800 MATERNA (800 6283762)

SALUD SECRETARÍA DE SALUD | **CNEGSR** CENTRO NACIONAL DE EQUITAD DE GÉNERO Y SALUD REPRODUCTIVA | gov.mx/salud/cnegr |  |  | 



Thank you!

karlab@colmenaconsultoras.com

Q&A and Discussion



Karla Berdichevsky, MD MPH

Agenda

9:00–9:10am Welcome
and Webinar

Introduction

9:10–9:40am Overview
of the Mexican
Healthcare System

9:40–10:00am

Discussion, Q&A



***Thanks for joining, see you on
2/14!***

Have more questions?

Email Karla at karlab@colemanconsultoras.com!

