

Orientation Checklist for Volunteer Cuddler

Once completed, provide copy to volunteer and return document to the Volunteer Coordinator

Orientation Checklist	Instructor's Signature & Date
<p>Hospital Orientation</p> <ul style="list-style-type: none"> ○ Fire & Safety ○ Code Pink <ul style="list-style-type: none"> -Locked units and piggybacking ○ Confidentiality ○ Visitation Policy ○ Hepatitis Vaccine, TB Test, MMR ○ Contacting Cuddlers (text (must opt in), email, phone calls from nursing) ○ How to schedule and next steps once you are scheduled ○ Eligibility-must sign up for one shift within a two month period to remain "Active" <ul style="list-style-type: none"> -If you no show/no call on 2 of your shifts, you will be listed as "Inactive" -If you are "Inactive" for more than 6 months, you must repeat orientation 	
Special Care Nursery and Pediatrics Orientation Checklist	
<p>Standard Teaching</p> <ul style="list-style-type: none"> ○ Universal Precautions: <ul style="list-style-type: none"> -Hand washing -Contact precautions ie. gloves and gown each time baby is handled ○ Tour of the Unit ○ Review Cuddler Consent Form; what makes a baby eligible to be cuddled ○ Basic Cuddler care <ul style="list-style-type: none"> -How to hold the baby and provide support -How to comfort the baby (option: soothing music, positioning, baby preferences etc.) -Cuddlers cannot feed/change infant -No cell phones/television/electronics, no smoking prior to entering the unit, no perfume/cologne -Do not kiss the baby or take photos of the baby -Red flags-i.e cuddlers to inform nursing of the following: concerning parental presentation ie. emotional, overly tired, intoxicated, presence of drug paraphernalia-needles, alcohol etc. ○ Check in/out with nursing to review observations/time spent with the baby ○ For medical reasons, upon arrival, be sure to check in with nursing whether or not it is appropriate to pick up/hold the baby. ○ Cuddlers are not expected to perform secretarial duties during their time on the unit 	
<p>NAS Teaching</p> <ul style="list-style-type: none"> ○ Non-pharmacological support <ul style="list-style-type: none"> -Lights off -No cell phones/television/electronics -limit perfume/cologne -Firm hold -Avoid waking the baby ○ Finnegan Scoring <ul style="list-style-type: none"> -Basic explanation of what nurses are observing i.e. sneezing, vomiting, tremors etc. -Check in/out with nursing to review observations/time spent with the baby ○ Cuddlers are allowed to know which babies are identified as NAS 	

Name of Volunteer _____